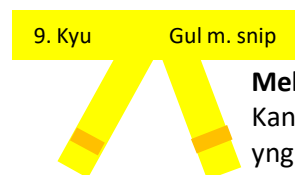
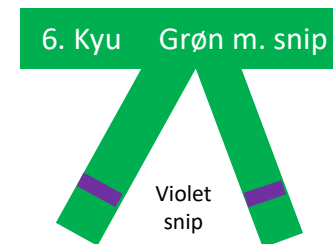
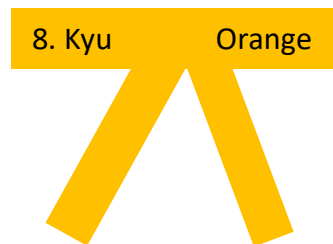
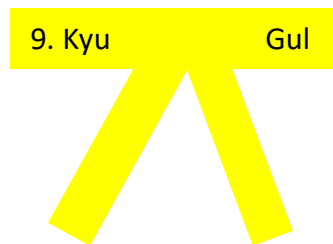
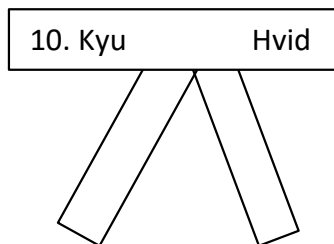
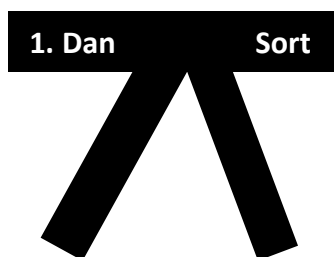
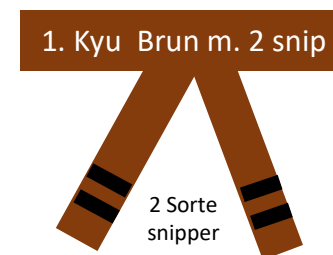
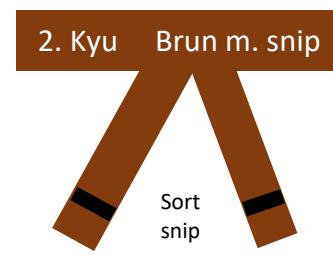
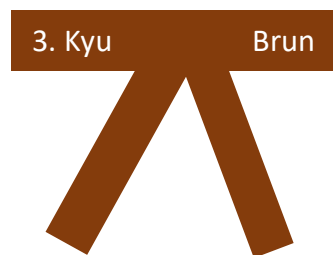
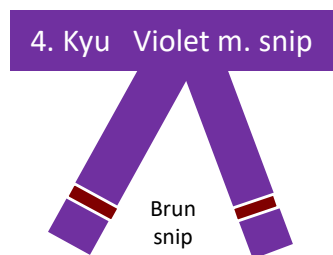
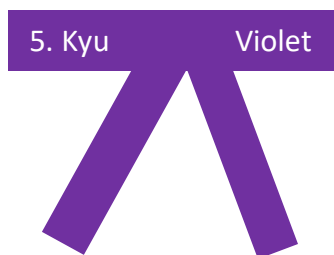
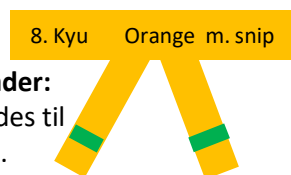




Bælteoversigt i Lystrup Shotokan Karate-Do



Mellemgrader:
Kan anvendes til yngre børn.



Herefter
2. Dan
3. Dan osv. op til
10. Dan.



Snip gives af LSKD ved bestået graduering.
Nyt bælte køber eleven selv.